

# GLUTEN FREE MENU

#### GREEK S 10 | L 14

Crisp Romaine lettuce topped with tomato, cucumber, sweet bell peppers, red onion, kalamata olives and feta cheese. Served with homemade Greek dressing.

# PORTOBELLO SALMON SALAD 20

Baby spinach, grilled portobello mushroom, cherry tomatoes, goat cheese and roasted walnuts with balsamic dressing. Topped with roasted garlic salmon.

### ROASTED BEET ROOT SALAD 16

Baby spinach, warm beet root avocado, cherry tomatoes, red onion, roasted walnuts and goat cheese with balsamic dressing.

# CHICKEN & SHRIMP PAD THAI 20

Rice noodles with chicken, black tiger shrimp, green onion,bell peppers, bean sprouts and fried egg. Tossed in a tangy pad Thai sauce and topped with crushed peanuts.

#### VEGETABLE PAD THAI 16

Rice noodles with mushroom, green onion, bell peppers, broccoli, carrots, bean sprouts and fried egg. Tossed in a tangy pad Thai sauce and topped with crushed peanuts.

#### JUST GRILLED STEAK 30

Grilled 10oz Angus steak,mashed potatoes and seasonal vegetables.



#### **SANTA FE FILLET 30**

Pan seared 6oz beef tenderloin, mashed potatoes and seasonal vegetables.

#### **ANGRY SALMON 24**

Served with rice pilaf with black tiger shrimp, bell peppers, artichoke hearts and baby spinach in a rose sauce. Topped with baked roasted garlic Atlantic salmon.

#### CHICKEN SOUVLAKI 20

A double skewer of marinated chicken on a bed of pilaf rice. Served with roasted Greek potatoes, Greek salad and tzatziki.

#### JAMBALAYA 20

Black tiger shrimp, grilled chicken breast, spicy sausage, jalapeños, onion and bell peppers in a Creole sauce. Served on basmati rice.

#### **MUSSEL LOVERS 16**

Fresh PEI mussels with bell peppers onions and smoked bacon. Steamed with your choice of white wine gorgonzola cream sauce or spicy tomato sauce.

# ATLANTIC SALMON & SHRIMP 24

Baked Atlantic salmon topped with grilled shrimp. Served with vegetable rice pilaf and steamed vegetables.

# FRESH PENNE ALFREDO 15

Penne tossed in creamy Alfredo sauce. Add: Grilled chicken breast 6 Tiger shrimp 7